

## MEDICAL NUTRITION THERAPY SERVICES REFERRAL FORM

The patient listed below is referred for medical nutrition therapy for treatment & prevention of complications for diagnoses listed below.

Patient name \_\_\_\_\_ DOB \_\_\_\_\_

Date of service \_\_\_\_\_

Preventive and Nutrition-Related Family History -check all that apply					
	ICD-10	Diet Counseling		ICD-10	Family history
X	Z71.3	Dietary Counseling and Surveillance		Z82.41	of sudden cardiac death
				Z82.49	ischemic heart disease/ circulatory disease
				Z83.3	of diabetes mellitus
Diabetes-please check appropriate diagnosis					
	ICD-10	Type 1 Diabetes		ICD-10	Type 2 Diabetes
	E10.1	Ketoacidosis		E11.0	Hyperosmolarity without NKHCC
	E10.2	with kidney complications		E11.2	With kidney complications
	E10.3	with ophthalmic complications		E11.3	With ophthalmic conditions
	E10.4	with neurological complications		E11.4	With neurological complications
	E10.5	with circulatory complications		E11.5	With circulatory complications
	E10.6	with other specified complications		E11.6	Other complications
	E10.64	with hypoglycemia		E11.64	With hypoglycemia
	E10.65	with hyperglycemia		E11.65	With hyperglycemia
	E10.8	with unspecified complications		E11.8	Unspecified complications
	E10.9	without complications		E11.9	Without complications
Gestational Diabetes					
	O24.410	Diet-controlled			
	O24.414	Insulin-controlled			
Diagnoses -check all that apply					
	ICD-10	BODY MASS INDEX		ICD-10	DIGESTIVE continued
	Z68.2_	Overweight (BMI 25-29.9)		K21.9	GERD w/o esophagitis
	Z68.3_	Obese BMI (30-34.9)		K58.0	IBS w/diarrhea
	Z68.4_	Obese BMI (35-39.9)		K58.9	IBS w/o diarrhea
	Z68.5	Obese (BMI >40)		K59.0	Constipation, unspecified
	Z68.1	Underweight BMI 19 or less		K59.1	Functional Diarrhea
	ICD-10	WEIGHT MANAGEMENT		ICD-10	DISEASES OF BLOOD
	E66.3	Overweight		K90.0	Celiac disease
	E66.9	Obesity, unspecified		K50.00	Crohn's disease, small intestine
	R63.4	Abnormal weight loss		K50.10	Crohn's disease, large intestine
	R63.5	Abnormal weight gain, not pregnancy		K50.80	Crohn's, small and large intestine
	R63.6	Underweight		K50.90	Crohn's unspecified
	R63.6	Underweight		K51.00	Ulcerative Colitis, w/o complications
	ICD-10	KIDNEY DISEASE		ICD-10	DISEASES OF BLOOD
	N18.1	CKD, Stage 1		D50.8	Iron deficiency anemia, unspecified
	N18.2	CKS, Stage 2		D51.3	B12 deficiency anemia
	N18.31	CKD, Stage 3a		D52.0	Dietary folate anemia
	N18.32	CKD, Stage 3b		ICD-10	FOOD ALLERGIES
	N18.4	CKD, Stage 4		Z91.010	Peanut
	N18.5	CKD Stage 5		Z91.0111	Milk products
	N18.6	End stage renal disease		Z91.012	Eggs
	N18.9	Chronic kidney disease, unspecified		Z91.013	Seafood
	I12.0	Hypertensive CKD, Stage 5 or ESRD		ICD-10	ADULT MALNUTRITION
	I12.9	Hypertensive CKD, Stages 1-4		E43	Unspecified severe protein-calorie malnutrition

	Z48.22	Aftercare kidney transplant		E44.0	Moderate protein-calorie malnutrition
	Z94.0	Kidney transplant status		E44.1	Mild protein-calorie malnutrition
	<b>ICD-10</b>	<b>CIRCULATORY SYSTEM</b>		E46	Unspecified protein-calorie malnutrition
	I10	Essential (primary) hypertension		E64.0	Sequelae of protein-calorie malnutrition
	I15.0	Secondary HTN: Renovascular		<b>ICD-10</b>	<b>MUSCULOSKELETAL SYSTEM</b>
	I15.1	Secondary HTN: Other renal		M81.0	Age-related osteoporosis w/ fracture
	I15.2	Secondary HTN: Endocrine		M81.8	Other osteoporosis w/o fracture
	I15.8	Secondary HTN: Other		ICD-10	<b>OTHER (please specify)</b>
	I15.9	Secondary HTN: Unspecified			
	<b>ICD-10</b>	<b>ENDOCRINE/METABOLIC/NUTRITIONAL</b>			
	E28.2	Polycystic ovarian syndrome			
	E88.81	Metabolic syndrome			
	R73.01	Impaired fasting glucose			
	R73.09	Other abnormal fasting glucose (pre-diabetes)			
	E78.0	Pure hypercholesterolemia			
	E78.1	Pure hypertriglyceridemia			
	E78.2	Mixed hyperlipidemia			
	E78.3	Hyperchylomicronemia			
	E78.5	Hyperlipidemia, unspecified			
	<b>ICD-10</b>	<b>DIGESTIVE SYSTEM</b>			
	K21.0	GERD with esophagitis			

Date \_\_\_\_\_ Provider Signature \_\_\_\_\_ Provider Name (printed) \_\_\_\_\_

Provider Phone \_\_\_\_\_ Provider Fax \_\_\_\_\_ Email \_\_\_\_\_

Provider NPI \_\_\_\_\_

### HOW TO SEND TO CHRISTIANNA:

Please fax to Christianna at (475) 233-0048:

- Completed referral.
- Most recent and relevant clinical information including face sheet, notes and labs (A1C, lipid profile, blood pressure and/allergy panels).
- Patient phone and email address.
- Patient insurance information.

Questions: just reach out!

Phone: (203) 693-1913 or Email: [christianna@gozzinutrition.com](mailto:christianna@gozzinutrition.com)

**NOTE:** I will contact the patient once I receive all referral information but if they want to learn more, they can visit [gozzinutrition.com](http://gozzinutrition.com) or contact me via phone or email. Feel free to hand them a business card.